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# POTENTIAL IMPACTS OF COVID-19 ON SUICIDE AMONG 2S/LGBTQIA+ YOUTH

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Results from the "I stand out!"  
survey 2021-2022

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# POTENTIAL IMPACTS OF COVID-19 ON SUICIDE AMONG 2S/LGBTQIA+ YOUTH: THE RESULTS FROM THE "I STAND OUT!" SURVEY

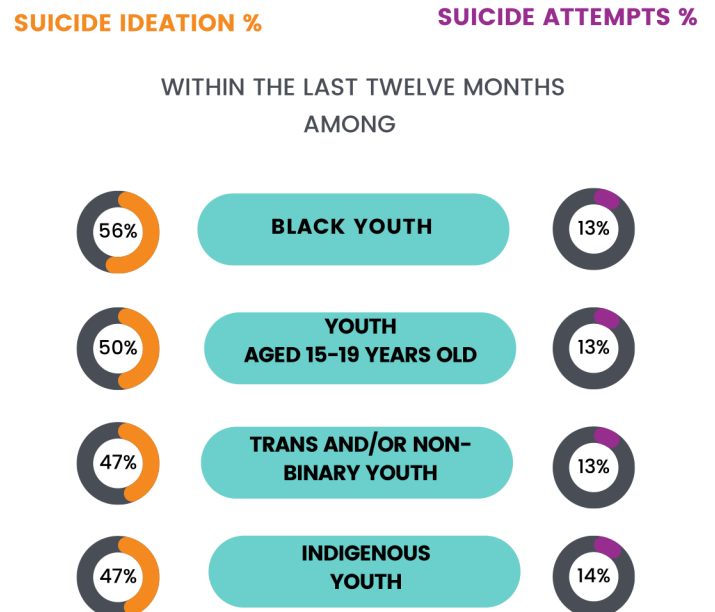
2S/LGBTQIA+ youth - teens and young adults - experience higher rates of suicide ideation and attempts than non 2S/LGBTQIA+ youth. The COVID-19 pandemic has eroded the mental wellbeing of all youth, but with significant impacts on 2S/LGBTQIA+ youth, raising concerns about a possible increase in suicidal behaviors among this population. This study examined the potential impacts of the pandemic on suicide ideation and attempts among 2S/LGBTQIA+ youth (15-24 years) in Canada.

Suicide among youth who responded to the "I stand out!" survey



"I stand out!" is an online survey that aims to better understand the mental health issues of 2S/LGBTQIA+ 15-24 youth living in Canada. The survey was developed in collaboration with members of the Jeunes Chercheur.e.s Queer program, a research capacity building program for youth of the 2S/LGBTQIA+ community. Data was collected anonymously between November 2021 and January 2022, 18 months after the beginning of the pandemic. The survey had 3,668 respondents.

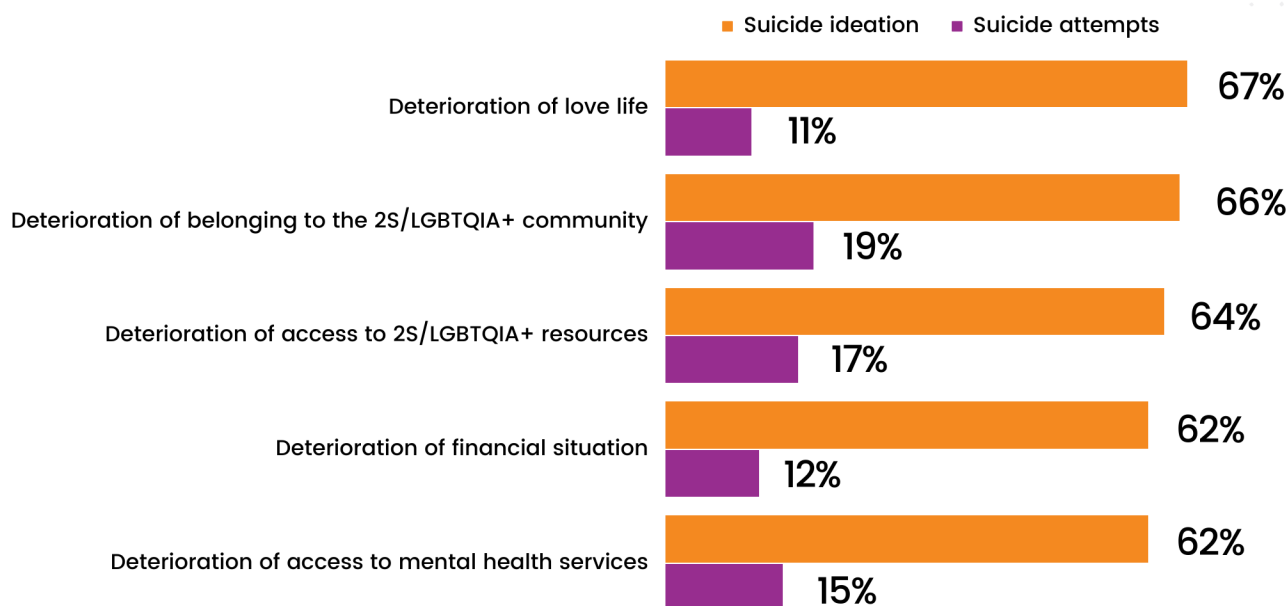
The most at-risk populations



## The relationship between COVID-19 consequences and suicide ideation and attempts

Survey respondents were asked to rate the impact of the COVID-19 pandemic on several aspects of their lives. 2S/LGBTQIA+ youth were more likely to report suicide ideation or attempts when they perceived that the pandemic deteriorated their lives and had negative impacts.

### Impact of COVID-19 on suicide ideation and attempts



Prevalence of suicide ideation and attempts are high among 2S/LGBTQIA+ youth in Canada, particularly for those who saw a deterioration of their love life, of their sense of belonging to the 2S/LGBTQIA+ community, of their access to 2S/LGBTQIA+ resources, of their financial situation and of their access to mental health services. Continuous monitoring of suicide and of risk and protective factors is needed to support suicide prevention efforts among this population.

For more information about the "I stand out!" survey, please visit [Qollab.ca](https://qollab.ca) or reach out to us at [qollab@espum.umontreal.ca](mailto:qollab@espum.umontreal.ca)

Thinking about suicide ? Worried about someone? Help is available! Dial 1 833-456-4566.



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